

Laura Travis
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Summary: *Laura is a registered nurse and certified childbirth educator who has worked in hospitals, as a childbirth educator, and as a Visiting Nurse for Navy Marine Corps Relief. She has worked closely with wounded veterans, families of deployed sailors, with military and military dependent mothers and babies, and with Navy and civilian medical systems and personnel—she is familiar with programs and services available to families in the Military. She is also a long time Navy Wife and a mother. Her son graduated from US Naval Academy from University of Maryland School of Medicine, and is currently serving his residency in Grand Rapids, Michigan. Her daughter is graduating from University of Mary Washington in December and intends to pursue a graduate degree. Although she focused on providing her children the best opportunity that she could, she did volunteer work during their formative years. Prior to exclusively focusing on being a mother, she worked in the nursing field with several hospitals for over 10 years.*

Nursing and Patient Care Experience:

- 2007-2010** (Registered Nurse—RN) Worked as a Visiting Nurse for Navy Marine Corps Relief Society. In this capacity, worked with Navy and civilian medical and social organizations to coordinate all-asset care for troubled wounded warriors, new mothers, and long term disabled patients after they departed Portsmouth Naval Hospital and began to manage their own care
- 2005-2007** (RN) Volunteered as triage nurse for Beach Free Health Clinic
- 1992-1993** (RN) Owned her own childbirth educator business, conducting classes in Washington, DC. Did some private one-on-one education as well
- 1991** (RN) Registry Nurse assigned exclusively to the Hawai'i State Mental Health Facility Schizophrenic ward as charge nurse
- 1988-1992** (RN) Taught as independent, certified childbirth educator through an independent group of Hawai'i Nurse Educators. Most classes were taught at Queens Hospital, but also did some private coaching and instruction
- 1987-1988** (RN) Labor and delivery nurse at Kapi'olani Medical Center for Woman and Children's Hospital
- 1987** (RN) Medical/surgical nurse at Kaiser Hospital, Honolulu Hawai'i
- 1984-1986** (Licensed Practical Nurse—LPN) Orthopedic/trauma nurse at Queens Medical Center, Hawai'i
- 1983-1984** (Licensed Vocational Nurse—LVN) Registry Nurse- Served at various hospitals in San Diego and Sacramento areas as a medical/surgical nurse

- and in health home care with hospice, ventilator dependent quadriplegics, and brain injury patients
- 1983** (LVN) Medication and Treatment Nurse at Skilled Nursing Facility - Alvarado Nursing Home
- 1978-1982** (Hospital Corpsman, US Navy) Positions (various) at Balboa Naval Hospital, San Diego, Ca.

Community and Volunteer Experience:

- 2005-2007** Served on the Worship Committee at her local Christian church. Coordinated communion, flowers, and Taize Services. Refurbished and repainted Narthex
- 2002-2006** Coordinator for periodic Red Cross blood drives
- 2005** Coordinator for the week long Homeless Shelter. As part of a community project, the church fed and housed up to eighty homeless people for a week before they were passed to another church
- 2003-2005** Served on the Christian Services and Missions Committee
- 2003-2005** Volunteered at Children's Schools in various positions including booster club and chaperone for school trips
- 1994-1996** Volunteered as School Nurse and set up clinic, education and routine screenings for a small private school in San Diego. Taught health classes
- 1996** Volunteered to provide free health care to veterans as part of the Veterans Health Drive for Free Medical Care in San Diego
- 1997-1998** Served as Girl Scout Leader in Newport, Rhode Island

Licenses

Registered Nurse-Commonwealth of Virginia (Active since 1987)

Education

Graduate Hospital Corpsman School, Great Lakes (1980)

Associates Degree in Nursing, Regents University of the State of New York (1987)

Childbirth Education Certification, American Society for Psychoprophylaxis in Obstetrics (ASPO) (1½ year program) (1988)

Bachelors of Science in Nursing, National University, San Diego California (Magna Cum Laude) (1996)